

Woodlands Health (WH) Patient Charter

Our Objectives

To provide patients with quality medical care

We strive to provide quality medical care in treatment of your medical condition, promoting your well-being, and respect your right to appropriate assessment and management of pain.

WH will endeavour to provide patient care within professional, financial, ethical, and legal norms that protect you and your rights.

To treat all patients with dignity and respect

• You shall be treated with respect, dignity and compassion regardless of race, gender, age, religion, nationality, sexual orientation, social status, mental or physical abilities.

This includes being:

- a) Attended to, and cared for, with the understanding that other patients may have more urgent needs.
- b) Addressed by your proper name.
- c) Provided with communication services like sign language, local language/dialect or foreign language interpretation if required.
- WH respects your right to seek a second opinion in relation to your care, and to request for discharge against medical advice. In doing so, you have to accept the responsibility for any medical consequences resulting from the decision.
- You shall be provided with respectful and compassionate care at the end of life, and where applicable, appropriate pastoral services.
- You have the right to make treatment or healthcare decisions in advance. All instructions related to your advanced care planning will be respected and complied with, to the extent permitted by WH policies, professional standards and the law.
 - a) We will endeavour to understand your treatment preferences, beliefs and values that are important to you and that would influence your care when you are ill. This includes our providing you with assistance in advance care planning, if you so wish.
 - b) If you have earlier planned an Advanced Medical Directive (AMD) as per the AMD Act, we will respect your healthcare goals and wishes in accordance to the provisions of the AMD Act. If you do not have an AMD, we will provide you with information to help plan an AMD, if you wish.



• Medical treatment is administered in an environment that provides you with protection from harm by visitors, other patients, staff, and loss or theft of your personal possessions, especially when you are unable to assume responsibility.

To maintain privacy and confidentiality of patients' medical records

- You will be interviewed, examined and treated in a private environment. We do not discuss your medical condition with others not involved in your care, without your consent. This includes your family members, if that is your preference.
- You are assured of the confidentiality of your medical records, including Electronic Medical Records, and that access is strictly limited to authorized personnel involved in your care (unless otherwise required by Singapore Laws and Regulations).
- A copy of your medical report can be obtained upon request, in accordance to WH policies.
- Data collected from you will be used by WH and its care provider partners for provision of care and supporting of internal processes.

To enable patients' participation in research and health programmes

- If you are invited to volunteer in any research project, clinical trial, or health programme, you are free to choose to participate or not to participate. If you change your mind after you have agreed, you can withdraw from a project at any time without need to provide a reason. You will receive the same quality of medical care whether you decide to participate or not in research.
- Your relevant data will be shared in conjunction with national and multi-agency efforts to review our healthcare initiatives or programmes to improve the quality of our healthcare services, and for disease surveillance to address public health concerns.
- You may be invited to participate in care programmes or research studies, deemed suitable based on your healthcare status.
- Your data may be used by WH and/or made available to programme partners, research collaborators, and educators involved in clinicians' training. Identifiers in your data will be removed prior to such use or sharing to ensure your identity remains anonymous, as far as possible. Please be assured that if your personal data is collected, used or disclosed for these purposes, we will protect it as required under the Personal Data Protection Act and other relevant legislation.
- If you have any ethical concerns about your care, you can approach our nursing manager or team doctor for access to ethics consultation services where appropriate.



To make known the identities and roles of each patient's healthcare team

• You are entitled to know the identities and any additional information of the healthcare practitioners responsible for your care.

To provide explanation, education and counselling to patients

- You will be informed of your diagnosis, treatment, expected results and any other information deemed relevant and significant by the doctor, in facilitating your decision in the treatment and care process. These include:
 - a) Detailed explanation of your condition.
 - b) Information on the planned course of treatment and procedures.
 - c) Information on the risks, benefits and alternatives of treatment.
 - d) Unanticipated outcomes, if any.
- You will be informed of your right to refuse or discontinue recommended treatment.

To provide a channel for patients' compliments and feedback

WH appreciates feedback on areas we have done well or can improve upon. If you have any feedback, compliments or complaints, please contact our Contact Centre at 6363 8000 from Mondays to Fridays, 9.00am to 5.00pm, or write to us using our Woodlands Health <u>Feedback Form</u>.

Patient's Responsibilities

Provision and sharing of information

You are required to:

- Provide complete, detailed and accurate information about your health, including present and past conditions, allergies, medications or dietary supplements, hospitalizations, healthcare regimes, and any other health-related matters.
- Where applicable, e.g. in the evaluation of hereditary diseases or for genetic counselling purposes, to provide complete, detailed and accurate information about family members relevant to your condition.
- Inform us if you do not understand what our staff tells you about your condition or treatment.
- Allow us to retrieve and review your past medical records available on trusted national shared electronic medical record systems, including, where necessary for us to provide urgent care to you, records related to voluntary sterilization, abortion (termination of pregnancy) or organ donation.



- Allow us to share the medical records that you have with us with other public healthcare institutions for the purposes of continuity of care and treatment.
- Allow us to contact you via various communication channels, such as mail, email, SMS or other electronic means.

Following the doctor's recommended treatment plan

You are required to:

- Comply with the treatment plans prescribed by our healthcare professionals.
- Inform our staff if you anticipate problems in following the prescribed treatment.
- Be responsible for any consequences if you refuse medical treatment or leave our premises against medical advice.

Respect and have consideration for others

You are required to:

- Abide by all institution rules and regulations pertaining to patients and visitors, including visiting hours if applicable.
- Treat our staff, other patients and visitors with respect and courtesy.
- Keep to your appointments and be on time for your appointments. Otherwise, please notify us early.
- Respect the confidentiality and privacy of others.
- Be responsible for the safekeeping of your valuables and personal possessions during your visit or stay.
- Treat our properties and facilities with due care and responsibility.
- Participate in any activities aimed at achieving the common good of all patients in WH. This includes activities to promote patient safety and quality improvement, e.g. undergoing any test(s) for the purpose of infection control.

Religious and/or spiritual counselling

• You are welcome to make arrangements for a religious counsellor to visit and pray for you during your stay or visit with us. Please inform the nurse if you are expecting a religious counsellor to visit.



- Out of respect for other patients, please conduct your religious prayer in a manner that will not disturb other patients.
- If you need help in finding a religious counsellor or religious centre in Singapore, please approach our staff who will provide you with a list of contacts where such services are available.
- Where appropriate and possible, a trained nurse or medical social worker can also help to facilitate a spiritual counselling session.

Institution Charges

You are required to:

- Pay your institution and physician bills promptly.
- Seek clarification from our staff if there is a financial issue that you do not understand.
- Ask for help to better understand your health insurance coverage and related policies.

Clinical Training

WH is committed to the education and training of healthcare staff including medical/nursing/allied health students and trainees. The competency and professionalism of our healthcare professionals will benefit from your cooperation and in their clinical training.

Donation of organs

Organ donation provides hope for a better quality of life for patients suffering from end stage organ failures.

The Human Organ Transplant Act (HOTA) provides for the donation of organs (kidney, heart, liver and cornea) upon brain death. This applies to all Singapore Citizens and Permanent Residents aged 21 and above. This law presumes that individuals consent to donation unless they have personally registered their objection with the Ministry of Health by completing an opt-out card. You can help by not objecting to organ donation.

Details on brain death, HOTA or organ donation can be obtained from <u>Ministry of Health</u>. You can also contact the MOH HOTA hotline at 1800-2254122, organ donor registry at 6321 4390 or e-mail H_Info@moh.gov.sg.

Your relationship with us

Our doctors or nursing officers are available to discuss any concerns you have about your care. If you have any feedback on our services, please contact our Contact centre at 6363 8000 from Mondays to Fridays, 9.00am to 5.00pm, or write to us using our Woodlands Health <u>Feedback</u> Form.

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